



Lucy Tries Hockey

by Lisa Bowes

Suggested activity :

Indoor hockey

After reading the story, invite the children to take part in a game of indoor hockey, with a difference! The aim of this activity is to promote physical activity, enhance gross motor skills, practice colour recognition and encourage team work.

Required materials:

- *Multicoloured plastic balls*
 - *Sheets of paper or cardstock, the same colours as the balls*
 - *Painters tape*
 - *Long cardboard tubes (like empty wrapping paper tubes), or small plastic hockey sticks*
- Using the painter's tape, stick the coloured paper to the floor in various places around the room.
 - Put all of the coloured balls in the centre of the room.
 - The aim of the game is to use the makeshift hockey stick to get all of the balls onto the piece of paper of the corresponding colour.
 - The children must work together to succeed in the shortest time possible. Depending on the size of your group, you may want to divide the children into separate teams.
 - **As well as colour recognition, you could also use this game to practice basic counting skills.** On each sheet of paper, write a number. This is the number of balls of that colour that have to be placed there.

